



WINTER WORDS



Newsletter of the Ski Atlantic Seniors' Club (SASC)

Vol. 25 # 2

Winter Issue

January 2014

President's Message

Looking out my window I am reminded of the song "Let It Snow, Let It Snow." Winter has come on early and with a vengeance for us skiers. Mother Nature has certainly given us a nice Christmas gift with all ski hills in Atlantic Canada open and going at full throttle. This will give our ski hills a much needed economic boost as it is the first time in seven years that they have all been open this early.

The SASC provides a great venue for us Senior Skiers to socialize during the winter season. Members should take advantage of the free ski lessons given by our qualified instructors at each of the member ski hills. It is a great way to improve your skiing, ski safely and make great friends in the process. As your president, I encourage you to take advantage of this opportunity.

Members should note that more material has been added to our website to keep you better informed of the happenings in the SASC. Since our move to electronic mailing exclusively this is our main method of communicating with our membership. The revised Constitution and By – Laws, Winter Words (our newsletter), Membership Discounts, as well as, the Kell Antoft Dates for each hill are now listed.

With the copious amounts of snow on the ground the SASC is looking forward to an outstanding ski season for 2013-14. My wish for this year is that our members have a safe ski experience and continue to prosper and enjoy all that Mother Nature has provided. See you on the slopes!

Paul Black, President, SASC

S.A.S.C Ski Lesson Times – 2014

<u>Location</u>	<u>Lesson Time</u>	<u>Instructors</u>
Ski Martock	Wed. 11:00 am	Johanna Redden
Ski Ben Eoin	Wed. 10:30 am	Les Elworthy Jim Melanson Vern Walsh
Ski Wentworth	Thurs. 1:00 pm	Jim Martin Jim Goit
Ski Crabbe	Tues. 1:00 pm	Ray Kaine Tony Little
Ski Poley	Thurs. 10:30 am	Sandy Hogan Linda Homenick
Mont Farlagne	Wed. 11:00 am	Lloyd Gagnon Gary Thorne

SKI TIP

What is all this talk about "rocker" anyway?

There was a time when "rockers" referred to your old skis that you kept for early winter or spring skiing when contact with rocks was likely.

Nowadays rocker refers to a newer dimension in ski design.

Most skis today have what is known as positive camber. When skis with positive camber are placed on a flat surface, the ski will be supported near the tip and near the tail but will not be touching the support surface between these two points. Rocker or negative camber refers to the shape of a ski that will contact the support surface near the centre of the ski. In other words, the ski is shaped more like the runner on a rocking chair.

Rocker began to be incorporated into ski design around the year 2002. The idea was to produce a powder ski by simulating the shape of a water ski. Rocker provides improved flotation in powder and better manoeuvrability.

Today, rocker is used, along with positive camber in various locations along the ski, to provide specific characteristics to the ski.

Want to learn more about rocker in ski design, Google "rocker for skis explained".

See you at the Hill.

Jim Martin, SASC Instructor (Wentworth)

Ski Trips 2014

Applications and information for this season's ski trips are posted on the SASC website.

The Attitash trip has 45 members participating to date. We would like to thank those members for their interest in the trip.

Loon registration continues until Feb. 2nd and we encourage all members participating in this trip to send in your information sheet once you have booked so we can keep you updated.

We enjoyed our term as Directors of ski trips. We need SASC members to step forward and volunteer to support the effort to plan and manage future ski trips. Anyone that would be interested in participating in one or more trips starting in 2015 would be welcome, and it would be very much appreciated. We will provide information and support to anyone that would like to step forward. We can be contacted at: 902-443-4918 or betts@eastlink.ca.

Jim and Maureen Betts, SASC Ski Trip Directors

Ski Wentworth

Ski Wentworth had their open house for ski swap, new gear and craft sale on the 23rd of November with snow flurries in the air. Judging by the number of people there, and the amount of gear they were carrying, I would say it was very successful.

SASC had a booth there and several members stopped by for conversation, and a good number of people stopped looking for information on the benefits of joining the club. Most of those left with application forms that I had printed off and made available.

This season Kell Antoft Day at Ski Wentworth will be on the 30th of January 2014. We are hoping it will be a bit warmer than the -18 degrees C it was last year, although a good time was still had by all. Once the details concerning the meal and pricing are finalized, a memo will be sent out to the membership.

The tentative opening day for the skiing season is the 14th of December 2013. They have been busy making snow, and along with getting some snow, things are looking pretty good for opening on time. Also with the temperature forecast in the minus region, and 20 cm of snow

for Sunday (Dec 15), things are looking very good.

I look forward to seeing you all on the hill.

Robert Atkinson, SASC Director – Ski Wentworth

Ski Martock News

After an early start to snow making, those weather **devils** brought us a week of rainy, foggy, windy conditions. The good news is that the weather **gods** have now granted us a week of ideal snow making temperatures. Heather is aiming to open on December 14th and when “our snow guys” get going; it takes no time to create those great Martock ski conditions.

Kell Antoft Day is scheduled for January 22nd. As you know, that brings us the best of culinary delights as well as great kinship and many laughs. A bulletin board has been set up downstairs beside the telephone to keep you updated on current happenings with SASC.

Don't forget to register for one of our ski trips, and remember our SASC ski lessons on Wednesday mornings.

I Hope to see you all very soon on the trails at Martock.

Lee Brannen, Ski Martock, SASC Director

NAME TAGS

New members receive a free name tag with their membership. Any member can order additional name tags by calling the Registrar, Mary Drake at 902-826-9199

\$7.95 ea. with 2 metal push pins, or

\$9.95 ea. with magnetic holder

Agreement with Mark's Work Warehouse

Ski Atlantic Seniors' Club is pleased to announce purchases from Mark's Work Warehouse may be embroidered with the SASC logo for a nominal fee (just \$5.25 to \$5.75).

Present your SASC membership card at any Mark's Work Warehouse and give the SASC account number #00245384. Most purchases will receive a 10% discount.

2013-14 SASC Board of Directors

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Lee Brannen – Ski Martock

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