



WINTER WORDS

Newsletter of the Ski Atlantic Seniors' Club

Website: www.sasc.chebucto.org



Vol. 23 #3

Spring Issue

May 2012

As I write this report on Easter Sunday afternoon, I have at least 15 cm. of snow on my back deck and snow continues to fall. Remember the same date in March and we had a couple of days that were 25 deg. and over. Our unpredictable weather continues for 2012. I must commend the ski hills for a great job in snowmaking and grooming under such unusual conditions - - like lack of snow!

For the third consecutive year our membership has exceeded 1000, proving that not all seniors are off to the South for the winter. When Kell Antoft, our founder, established our Club in 1989/90 I am sure he never envisioned the growth to what we have today.

I would like to take this opportunity to thank the Board members who volunteer their time to make SASC a better organization for us all. I especially want to thank two long-standing members who are retiring this year, Lorraine Haley and Bob Webb. Your dedication, hard work and expertise will be greatly missed - - thanks for all that you have contributed.

Once again the ASAA (ski hill association) have requested that our Membership fees increase for the 2012/13 season. As we all know our minimum wage, power and fuel have continued to increase greatly in 2012 and have put added pressure on operational costs at the hills. I know in a

few cases our membership is higher than some of our hills, but I encourage you to think of the added benefits of ski trips, club fellowship and the ability to ski at the other hills in the Maritimes at no additional cost - - what a great benefit! Our 2012/13 Membership cost will be \$230.00, with \$215.00 going to the hill fund and \$15.00 for Club Administration.

I would like to encourage you to attend our AGM and Dinner at The Debert Hospitality Centre on Thursday, June 21, 2012 - - - a great opportunity to meet old and new friends, catch up on Club activities and enjoy a fine meal.

On behalf of the Board and the Club I would like to thank Paul Black for coming forward as your President for 2012/13. Paul has contributed significantly to your Board over the last two years and I know his leadership skills will benefit the Club greatly.

In closing, I would like to express how much enjoyment I have had on the Board over the last five years. It has been a great experience working with the dedicated and knowledgeable people for the benefit of SASC. Many thanks to all.

John Pierce

SUGARLOAF TRIP REPORT - FEB 5-10, 2012

Feb 5th sixty-four SASC members embarked on a weeklong trip to Sugarloaf, Maine. It was a wonderful time. The skiing was excellent, the accommodations were five star quality, and the food was delicious. From the planning stage, we were kept well informed of the many details of the trip: complete itinerary, directions on how to get there and a list of accommodations to choose from on our way. We arrived to find very friendly and helpful staff at the Sugarloaf Mountain Hotel who provided us with an information package. We enjoyed delicious meals in the restaurant at breakfast and dinner. The private dining area for evening was a great idea as we were able to socialize and get to know each other. A welcome party was arranged for us on Monday night. Trays of food, a free drink from the bar and draws for prizes greeted us. Mabel Lahey won a set of skis and Rod Stevenson and Don Bolivar won trail signs. On the first morning of skiing we were given a tour of the hill. We were divided into groups based on our abilities so we would be on trails that we were comfortable with. Perfect Turn Clinics rounded out our ski package. Many of us took advantage of the excellent lessons that were provided. I have wonderful memories of a fabulous trip. Kudos to Jim and Maureen.

Kathy Gouthro.

BRETTON WOODS TRIP REPORT - Mar 4-9, 2012

Sixty SASC members arrived safely at the Bretton Arms B&B, an inn casually elegant but with a homey atmosphere. At our Sunday evening welcome Jamie and Judy Allen won dinner for two at the Mt. Washington Hotel. They reported that it was a superb dining experience. We were pleasantly surprised to have 12 cm of fresh powder on the 1st day and cold temperatures that kept the snow in great shape the 2nd day. We had spring skiing conditions for the remainder of the week with temperatures in the 10C range with variable conditions and we loved basking in the sunshine. Some took the opportunity to do snowshoeing. Everyone enjoyed the skiing, accommodations, big breakfasts and outdoor heated pool. The view of Mt. Washington from the outdoor heated pool was magical. On a couple of days the sunset transformed the white mountain peaks to a rosy hue while a full moon hung just above in the indigo sky. Our final get together at the Red Fox had 100 % attendance and the only complaint was too much food!! Many would go back to N.H. just for the pot roast. Too quickly our trip was over. However do not feel sad it's over, be happy you were there. Special thanks to Lorraine Haley the organizer for another great ski memory.

Don & Janice MacDonald

KELL ANTOFT DAYS 2012

WENTWORTH – FIRST, FROSTY & FABULOUS JAN 10, 2012

Wentworth was the first this year to initiate SASC's Kell Antoft Days. We welcomed 120 seniors with morning coffee and doughnuts. Ninety people enjoyed the fine food provided by the Wentworth kitchen – soup or chili, mile high tea biscuits, scrumptious cookies and an amazing assortment of squares.

Leslie Wilson, CEO at the hill, gave us a warm welcome as did SASC co-presidents John Pierce and Paul Black. John introduced several board members in attendance. Dave Wilson, long time owner of the hill, also greeted us and donated a number of welcome prizes. Congratulations Dave on your much deserved humanitarian award presented by the Red Cross for your continuous donations to needy organizations.

Last and crucially important, the skiing conditions were fabulous, in spite of the difficult weather challenges of this year. Applause and many thanks to the hill management and staff. A fun day was greatly enjoyed by all.

---Lorraine Haley

MARTOCK – SECOND, SUPER & SCRUMPTIOUS - JAN 26, 2012

Kell Antoft Day at Ski Martock was again a huge success, with lots of senior ski antics and fun. In spite of a very rainy day before, our seniors showed that they know how to predict snow conditions. Sixty-nine SASC members signed in and brought many scrumptious delectables for our pot luck. Following the parade to the food table, SASC members were welcomed and SASC Directors introduced. Our Co-President, John Pierce explained to new members the background to Kell Antoft Day and brought us up to date with current SASC happenings. Andy MacLean of Ski Martock spoke on the importance of the Seniors every Wednesday and to Linda Pierce for her efforts with the pot luck lunch, this year and every year. Rosie accepted our cheque to the ski patrol, showing us a new rescue blanket that they purchased with our contribution last year.

The festivities ended with ticket draws for various prizes, donated by Ski Martock, Cleves and our members. A super day of comradeship and skiing was had by all.

---Lee Brannen

BEN EOIN- THIRD, THRILLING THROUGHOUT - FEB 15, 2012

On Feb 15 we held Kell Antoft Day at Ben Eoin. Sixty-nine members enjoyed a great day of skiing, food and entertainment. We were very pleased to receive 15 visitors from other hills for our party. The management of Ben Eoin provided party favours for each member as well as many draw prizes including a helmet. They also had specials in the retail shop especially for seniors. After enjoying a morning of skiing and ski lessons we gathered in the Broken Buckle lounge for a delightful roast chicken dinner with all the trimmings. Music was provided by one of our members, Joe Ryba. We made a presentation to the Ski Patrol from SASC. A fabulous time was enjoyed by all.

---Kathy Gouthro

POLEY – FOURTH, FANTASTIC, FAR OUT – FEB 22, 2012

Kell Antoft Day at Poley Mountain was a fantastic success. We were greeted with coffee, tea, muffins, doughnuts and cookies, all compliments of the Poley Mountain team. This was followed by the good skiing conditions at the start of the day, but the rain put a damper on things in the late morning. The food, in large portions, was very tasty and served cafeteria-style, so it was hot when it arrived at the tables. We had 68 SASC members enjoying meals and 85 members who signed in for the day's skiing. Our co-president Paul Black spoke and introduced executive members . A number of welcome prizes were awarded.

---Murray Goodman

CRABBE – FIFTH, FINE, FUN - FEB 23, 2012

Despite the unpleasant weather there was a descent turnout from Crabbe Mountain SASC members, as well as representation from Ben Eoin, Martock and Wentworth (40-50 in all). We were pleasantly surprised by the good snow conditions and great grooming, although we all got a little wet. In the morning ski lessons were given by Ray Kaine and Mary Lenehan. Spirits weren't dampened as we celebrated inside with a hearty home-made lunch to the accompaniment of the lively swing music of Nick Devries and Chris Lucaroty. Jason Crawford, general manager of Crabbe, welcomed us to the hill, and showed us a short humorous video about older skiers (75+) and younger skiers enjoying powder snow. Paul Black, co-president of SASC addressed the group and presented Don Buck, past director for Crabbe Mt, with a plaque to acknowledge his service to the Club. Jason accepted our donation to the Crabbe Mt. Ski Patrol. A door prize draw was held, and because the relatively small number, everyone went home with

a prize. All in all, there was great camaraderie and laughter. Several took advantage of the healthy and scrumptious snacks offered in the afternoon, before saying adieu.

---Linda Hubbard

MONT FARLANGE - SIXTH, SASSY AND SUPER - FEB. 24, 2012

Ten seniors participated in a ski clinic given by SASC instructor Lloyd Gagnon. Door prizes were awarded to twelve participants. Gary Thorne presented the SASC donation to the Mont Farlange Ski Patrol. We welcomed visitors from Dieppe and Sussex.

---Gary Thorne

The following article by Ron Betts is reprinted from **Ski Canada** , Winter 2012 issue:

WHO THE HELL WAS KELL?

At Ski Martock, Nova Scotia, January 25 is **Kell Antoft Day**. To supersede Robbie Burns this Antoft guy must have been pretty special, but most of us (including me, a Cape Bretoner) don't know why he warrants his own day. But you don't have to dig very deep to realize his contributions to skiing should have him inducted into the Canadian Ski Hall of Fame. The abridged version is that a young Kell immigrated to Canada from Denmark in 1930, he served in the Royal Canadian Air Force during the Second World War, co-founded the Nancy Greene Ski League, founded the Nova Scotia Ski Areas Association and the Ski Atlantic Seniors' Club, and was a lifetime member of the Canadian Ski Instructors' Association—and did it all for the pure and simple love of the sport until his death in 2005. He was one of those special people who didn't seek recognition or adulation. I wish I'd had a chance to ride the chair or do some turns with him. As a coincidence, his daughter, Asta Antoft, was my Level 1 CSIA course conductor many years ago, so in a roundabout way Kell influenced my path in skiing as he did for thousands of others. So who the hell was Kell? He was, for his entire life, a skier.

SASC TRIPS FOR 2013

We now have two trips planned for the 2013 season. One is an old favourite and the other a hill we haven't been to since 2007.

The season will start off at Sunday River in Maine. The dates are January 27th to February 1st.

The second trip will be to Stoneham Quebec. The dates are February 24th to March 1st.

Both trips will include 5 days of skiing, breakfast, supper and lodging.

Lodging at Sunday River will be at the Grand Summit at the base of the Sunday River ski hill. Meals will be served at the Grand Summit.

Lodging at Stoneham will be at the Stoneham Hotel with meals at the popular Le Feu Follet restaurant. We will have a Dual Mountain Ski passes which is good for those wanting to ski at Mont Saint Anne.

In the fall issue of Winter Words the application forms for both trips will allow members to identify if they would like to car and/or room share.

Questions can be directed to Jim and Maureen Betts at 902-443-4918

Or betts@eastlink.ca

Have a great summer.

NOTICE OF SASC AGM/END OF SEASON GATHERING

The Annual General Meeting/ End of Season Gathering
of the Ski Atlantic Seniors' Club will be held on

Thursday, June 21, 2012 at 4:00 pm. at the Debert Hospitality Centre

180 Ventura Drive, Debert, N. S.

- 4:00 Social Hour (with complimentary wine, beer and snacks)**
- 5: 00 Annual Reports**
- 6:00 Buffet Supper**

The cost of the supper will be \$25.00 per person.

A Nominating Committee has been formed. However, nominations can be made from the floor or you could contact Irene Ferguson, 902-864-1418.

To facilitate catering, registrations and cheques must be received no later than June 13.

Cheques should be made payable to Ski Atlantic Seniors' Club and sent to:

Irene Ferguson, 49 Sapphire Crescent, Lower Sackville, NS, B4C 2T8

Directions to the Debert Hospitality Centre: Take Exit 13 (approximately 10 km west of the Truro exit) off Highway 104. As you come off the highway, you will notice a Tim Horton's on your right. Continue on 4 km and on your left you will see the sign for the Debert Hospitality Centre. Enter and proceed another .7 km to the centre.

NAME(S)õ õ

Attending: AGM yes õ õ Supper \$25 yes õ õ

Cheque in the amount of \$õ õ õ õ ..õ õ õ .enclosed

SASC FALL GOLF CLASSIC 2012

**MOUNTAIN GOLF CLUB
1195 PICTOU RD EAST MOUNTAIN
(Near Truro)
HIGHWAY NR 4**

DATE: September 13 (Thursday)

TIME: 10 AM REGISTRATION - TEEOFF 11 AM (NO SHOTGUN)

PRICE: Golf Pkg. 18 Holes – Green Fee/Cart and
Dinner- Gratuity & HST included -- \$80.00

Dinner only - \$20.00

Dinner: 1. Steak
2. ½ Rack of Ribs & Chicken

Assorted Salads, Dessert and Tea and Coffee

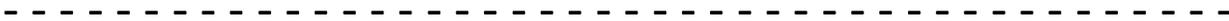
INQUIRIES: Contact Bob Webb 902-897-4679
(bobwebb@eastlink.ca)

**CHEQUES TO BE MADE OUT TO: SKI ATLANTIC SENIORS' CLUB.
FORWARD REGISTRATION FORMS & CHEQUES NLT 4 SEPTEMBER WITH
YOUR CHOICE OF MEAL TO: -**

BOB WEBB
64 TERVIOT PLACE
VALLEY, NS
B6L 2W5

Directions to Mountain Golf Club

From Halifax take Hwy 102 to Truro and past Truro
Take Hwy 104 east to exit 17 (first exit). Turn Rt then left
At the lights onto Hwy 4. Mountain is about 4 Kms on the left.



SASC FALL GOLF CLASSIC REGISTRATION FORM
MOUNTAIN GOLF CLUB SEPTEMBER 13 2012

NAME _____

TEL/E-MAIL _____

ADDRESS _____

18 HOLES GOLF, CART AND MEAL \$80.00

HANDICAP..... SCORE.... NEVER PLAYED..... OTHER.....

Ski Atlantic Seniors' Club

2012 / 2013 Application for Membership

New Member: Yes _____ No _____ (New members will receive a nametag)

Name _____ Phone # _____

Address _____ Prov. _____ Postal Code _____

E-Mail Address _____

Date of Birth (yyyy/mm/dd): ____/____/____

NOTE: ALL MEMBERS making application for the (Skiing) Membership Card must provide proof of age, (i.e. copy of driver's license, passport or birth certificate) to be submitted with your application. **Do not** send any original documents as these will not be returned. Applications will not be processed without proof of age.

Please identify your home ski hill area by circling one of the following: **B (Ben Eoin)**

V (Brookvale) C (Crabbe) F (Mont Farlagne) M (Martock) P (Poley)

S (Sugarloaf NB) W (Wentworth)

- I hereby apply for the **(Social) only** Membership card, which entitles me to attend Club events such as Kell Antoft Days, Golf Days, Annual General Meeting and Ski Trips. I certify that I am 55 years of age and/or I am a _____ spouse, _____ partner or _____ caregiver of an SASC member. Enclosed is the annual membership fee of **\$15.00** in CND funds.
- I hereby apply for the **(Skiing / Social)** Membership card, entitling me to ski at participating ski areas in Nova Scotia, New Brunswick and Prince Edward Island during the 2012 / 2013 season. Enclosed is the annual membership fee of **\$230.00** in CND funds.

I enclose a recent photo (about 30 x 45 mm) (i.e. Driver's License / Passport size)

- For the skiing membership card, I certify; That I am 65 years of age or over; **OR**
- That I am retired from full-time employment and that I am 55 years of age or over.

I hereby agree to abide by the Constitution and By-laws of Ski Atlantic Seniors' Club and by signing below I have indicated that I have read and agree to Section 10 relating to the exclusion of liability (see the reverse side or below).

Signature: _____ Date: _____

Note. - A new Signed Application and photo is required **each** year.

Please allow up to three weeks for your application to be processed. Mail your application, proof of age, payment and photo to:

SKI ATLANTIC SENIORS' CLUB
P.O. BOX 3076
TANTALLON, NS B3Z 4G9

For registration questions contact:

Mary Drake (902) 826-9199

For information on Club activities contact:

Connie Uyterlinde (902) 454-6874

Bob Webb (902) 897-4679

For information on Trip activities contact:

Jim & Maureen Betts (902) 443-4918

The SASC Newsletter, Winter Words, is available on our website – www.sasc.chebucto.org

PLEASE NOTE: Refund Policy for the Skiing Membership Card:

The amount of \$215.00 will be refunded **only in the event of an injury or illness** that prevents the Member from participating in skiing. The request for refund must be in writing outlining the circumstances, enclosing the skiing membership card to be received by Mary Drake, the Registrar by January 15.

EXCLUSION OF LIABILITY:

10(1) - Skiing is a challenging, dangerous sport. Members are responsible and assume all risk for their own personal preparedness and safety when participating in Club programs and events. Members agree to release, indemnify and hold harmless the Club for any personal injury, death and economic or non-economic losses resulting from: (a)-the inherent risks, dangers and hazards of Alpine skiing, cross country skiing or snowboarding; (b)-the use of ski lifts; (c)- the collision with natural or man-made objects, with skiers, snowboarders or other persons; and (d)-skiing and travel within or beyond the ski area boundaries

10(2) - Members waive all claims against the Officers, Directors or other Members their successors or assigns with respect the risks, economic and non-economic losses outlined in 10(1).

10(3) - Members are responsible for their own travel, health and accident insurance.

10(4) - Members shall abide by the Alpine Responsibility Code (Appendix 13) and the Cross Country Responsibility Code (Appendix 15) as well as the rules and conditions established at Participating Hills and other hills.

10(5) No Member in his or her individual capacity is responsible for any debt or financial liability beyond the amount of any subscription, annual dues or special event fees payable to the Club

10(6) - Members may make comments, suggestions or other representations related to safety and liability through any Director or Officer.

Rev. April 26, 2012

Winter Words Editor : Kaye Hannah (506-536-2439)

