



WINTER WORDS

Newsletter of the Ski Atlantic Seniors' Club

Website: www.sasc.chebucto.org



Vol. 20 #3

Spring Issue

May 2009

Greetings fellow SASC members. Our skis have been put away for another season and the garden and lawns are demanding our attention. Bearing in mind that we do live in the Maritimes, winter seems to be over.

Ski Atlantic Seniors Club had a very successful 2008-09 ski season. The Club continues to grow with 896 skiing members and 46 social members. This is a substantial increase from last year's 712 skiing members and 50 social members. Hill registers tallied a total of 14,163 ski visits, which makes us a force to be reckoned with!!

Last year, I requested ideas to raise SASC's profile. As you can see with our increased membership, the Board has decided that we do not need to formally promote the club, as word of mouth advertising seems to be working like a charm! Thank you to those who sent in suggestions and ideas; they have been put on file for future reference.

It is with regret that the SASC Board says farewell to Bob Gallant, the SASC Director for Poley Mountain Ski Resort, who will be retiring at the Annual General Meeting in June. Bob has diligently served on the Board for the past five years, organizing Kell Antoft Days and acting as a liaison between the management at Poley and SASC. On behalf of all SASC members, I would like to thank Bob, as well as all SASC Directors, for their diligent work.

Please note that membership fees for 2009-2010 have increased. Last Spring, Atlantic Ski Area Association requested we increase our ski membership to better reflect the rising costs incurred by the participating ski hills. It should be noted that ski membership fees have not increased for several years. After much consideration, and in an effort to keep fees as reasonable as possible, the Board voted to increase the ski membership fee by

\$20.00, and reduce the social (administrative) fee by \$5.00. Fees for 2009-2010 are as follows: Ski Membership - \$185.00, and Social Membership - \$15.00.

In closing, I would like to invite all members to the Annual General Meeting, which will be held at the Debert Hospitality Center on June 11th. While there will be a brief business meeting, it will present a wonderful opportunity to get together with old and new ski friends, socialize, and enjoy a good meal. I hope to see you there.

Have an active and healthy summer.

Irene Ferguson

Government of Nova Scotia

Physical Activity, Sport and Recreation Healthy Living Tax Incentive

In 2009, the Healthy Living Tax Incentive program will be extended to include Nova Scotians of all ages, encouraging adults and children to participate in a healthier lifestyle through fitness. The tax credit, or healthy living incentive, provides a tax credit of up to \$500 per person to help with the cost of registering for sport and recreation activities that offer health benefits.

SASC is registered with the Department of Health Promotion and Protection and hence its members (those who are Nova Scotia residents) are eligible for this tax credit. SASC will provide registration tax receipts for its members (\$185.00), which may be used to claim the credit on their 2009 tax return. Receipts provided by SASC for the 2009/2010 ski season will be dated December 31/2009.

THE CONSTITUTION

The Ski Atlantic Seniors Club Constitution was approved by resolution on June 23, 2008. This document outlines the basic structure of our Club, its objectives and how it is administered. Also, it provides the Board of Directors with the authority to make, repeal and amend By-Laws specifically related to the day to day administration of the Club.

Amendments to the Constitution may only be made by resolution at the Annual General Meeting. This year approval is required for a number of minor errors and editorial changes involving numbering, grammar and clarification of certain definitions. Clause 10 deals with the Exclusion of Liability. Concern has been raised about the liability of the Club, its Members, Officers and Directors for economic or non-economic losses. Legal advice was obtained and Clause 10 has been revised as follows:

10(1) - Skiing is a challenging, dangerous sport. Members are responsible and assume all risk for their own personal preparedness and safety when participating in Club programs and events. Members agree to release, indemnify and hold harmless the Club for any personal injury, death and economic or non-economic losses resulting from: (a)-the inherent risks, dangers and hazards of Alpine skiing, cross country skiing or snowboarding; (b)-the use of ski lifts; (c)- the collision with natural or man made objects, with skiers, snowboarders or other persons; and (d)-skiing and travel within or beyond the ski area boundaries

10(2) - Members waive all claims against the Officers, Directors or other Members, their successors or assigns with respect to the risks, economic and non-economic losses outlined in 10(1).

10(3) - Members are responsible for their own travel, health and accident insurance.

10(4) - Members shall abide by the Alpine Responsibility Code (Appendix 13) and the Cross Country Responsibility Code (Appendix 15) as well as the rules and conditions established at Participating Hills and other hills.

10(5) – No Member in his or her individual capacity is responsible for any debt or financial liability beyond the amount of any subscription, annual dues or special even fees payable to the Club

10(6) - Members may make comments, suggestions or other representations related to safety and liability through any Director or Officer.

This clause will be added to the Annual Membership Form and Members will be required to read it prior to signing. By doing so Members agree to abide by it and other sections of the Constitution and By-Laws. This and other minor amendments to the Constitution will be introduced at the Annual General Meeting scheduled for June 11, 2009. Please direct any questions in writing to R.R. Potter, 83 Millrun Crescent. Bedford, N. S., BA 3H9 or to meridianmmm@aol.com. They will be addressed either by mail or at the meeting.

SASC 2010 SKI TRIPS

Everyone is thinking about golfing and flowers and things, but your trip committee has been busy putting together next year's excursions. For discussion over a cool one every now and then think of Mont Ste Anne from January 31 to February 5, 2010. Our US destination is Bretton Woods from March 7-12, 2010. Full details will be published in the Fall Winter words. In the interim if you have any questions contact Bob Webb 897-4679. Bob is looking for anyone interested in taking over the SASC travel agency. Interested persons may contact any of the Board Members.

2009 SKI TRIPS

SUN PEAKS – JANUARY 18-24

Tom Grantham

On Sunday we met with Nancy Greene Raine and Allan Raine for a wine and cheese reception. Great start!!! As expected, the skiing was spectacular; conditions were excellent and the sun shone every day. Al spent most of Monday with our group and as he toured with us he contributed many stories and information, probably most important was STICKEY BUNS at the restaurant at Crystal Bowl. We spent some time there!

The thirteen SASC members spent the evenings together socializing. We could make our own meals for breakfast and dinner in our condos, thanks to a local, reasonably priced food market. On the last evening everyone gathered at the Powder Hound Restaurant in the Village and a good time was had by all.

We skied OSV where the Austrian ski team go to practice in November, the Crystal Bowl with its spectacular scenery, 5 Mile Run which is a nice long green run from top to bottom and Sundance. On Morissey Mountain we skied Sticks and Mid-Life-Crisis. The Sticks are made of islands of trees that the groomer smooths out to make an easy, pleasurable green run with a spectacular view of the mountains.

This is definitely the place to go for fabulous skiing.

STONEHAM , PQ – February 8-13

Isabelle Hockin and Suzanne Mason

The Crabbe Mountain group joined the happy band of travelers from Nova Scotia in Fredericton. We were greeted with a warm welcome and that sense of goodwill continued throughout the six days we were together.

The first two days in Stoneham brought excellent ski conditions and those who wished could finish off the first day with a trip into Quebec City where the "Carnival de Quebec" was in full swing. We appreciated the wonderful ice sculptures, particularly the ice castle.

Mont Sainte Anne on Wednesday was another great experience with wonderful snow, albeit foggy conditions. Fred, one of our volunteer hill guides stayed with a group of us for the whole day. We are grateful to Fred as without him we may not have discovered the short cuts and less skied trails.

The food! As we found two years ago, the quality was still top notch and was a real highlight. Over dinner we shared laughter and got to know each other better. The last night we celebrated Jim Clothier's 83rd birthday, which was made more special as he'd been injured on the first day (not seriously) bringing a halt to his skiing. We also enjoyed après ski time together. Card games proved very popular.

All in all, it was a super time; we met many wonderful people and skiing was great. Our helmets go off to Bob and Shirley Webb for an excellent job of organizing this trip.

SUGARLOAF, MAINE – March 15-20

Lynda & John Pierce

WE began on Sunday by gathering for a reception followed by an excellent evening meal. Gift certificate draws provided by the Sugarloaf resort made winners of Peter Etheridge, Marjorie Stevenson, Bill McConnell, Ralph Rogers, Peter Lee, and KateMacDonald.

We met for breakfast each day giving us opportunities to meet others on the trip. After a beautiful day on the slopes, we gathered for a welcoming reception followed by a spectacular fireworks show that was truly impressive.

We celebrated the birthdays of Jeannine Mably and Hedley Hopkins on St Patrick's Day. Young Jimmy Clothier (83) outdid us all on the dance floor.

Thursday evening gave us another opportunity to enjoy a meal together, exchange highlights of the week and all agreed that the trip was a great success with several days of fine skiing..

Thanks to Shirley Rogers for a great week!

AUSTRIAN SKI TRIP – 2009

By Nancy Smith

On January 16, thirty-two people met at Pearson International Airport in Toronto to begin the 2009 Austrian Ski Trip. A diverse group of individuals, the ages ranged from eighteen to eighty-two, with thirteen of the group being members of the Seniors' Ski Club.

Arriving at Munich International Airport on January 17, a large, comfortable bus had been arranged for the trip to the Skirast where we were warmly greeted by the Schermer's, Marlene, Christoph and Anna Maria.

Everyone one was up and ready to go early the next morning. With a group that large, it was evident that there were many different levels of skiing expertise. The "A-Team" and the "B-Team", as they were jokingly referred to, were born. Everyone had a marvelous day of skiing with lots of stories. After dinner an impromptu sing-song would take place with guitar accompaniment.

The nightly Happy Hours were also a pleasant part of the trip with several different people taking turns hosting. It was a bring-your-own drinks party with lots of snacks, chocolate and Ralph's famous (or infamous) dulce and liquorice cigars available. There were a few special Happy Hours – a Nov Scotia Night, a New Brunswick Night and one was a trip to Kirchburg to The London Pub.

Our Austrian friends also made the trip very special. Guenter Much arranged a trip to the Fieberbrunn area for the group on the second Wednesday. We did some great skiing and then met at a restaurant for a nice lunch, and, of course schnapps and beer. Entertainment was provided by another good Austrian friend, Horst

Felsch, with singing, guitar and dancing. Horst is a very good skier and took the "powder hounds" with him for some pretty intense skiing. A "C-Team" was born that day as well with Trudy taking those who were intermediate skiers.

The weather on the first Tuesday wasn't great so a group formed to go on an outing to the Swarovski Museum and then in to Innsbruck.

We were there during Hannenkahm racing so a few of the group took in the three days of racing while many went to Kitzbushel on the Saturday for the downhill race. Kitzbuhel is like one big party on race day.

On the second Monday, a trip to the Saalbach region was arranged. The scenery is very beautiful and the town of Saalbach is wonderful. Guenther and Trudi met the group there for a great day of skiing (and, of course, schnapps and beer).

On the second Tuesday, a sleigh ride was arranged after dinner with two sleighs for eighteen members of the group. It was a beautiful snowy night and the ride into Kirchburg and back was nicely fortified with thermoses of gluwain, hot chocolate with rum and jaegar tea.

Our trip was well organized by our "fearless Leader." The months of mails, telephone calls and planning certainly paid off as the trip went very smoothly. A good time was enjoyed by most, new friendships were made, old friends revisited and plans for the next Austrian Ski Trip are already being made. For anyone interested in the 2010 trip, from January 15 to January 30, please contact Ralph Smith at rsmith@rsei.nb.ca

.

2010 Austrian Ski Trip

When - January 15 to 30 , 2010

Jan 15-noon-Maritime airports to Toronto

Jan 15 -8pm – Air Canada- Toronto to Munich

Jan 16 -9-11am – Munich to Kitzbuhel by charter bus

Jan 17-29 13 days of skiing

Jan 30 7-9am bus from Kitzbuhel to Munich

Jan 30 11am-2pm Air Canada Munich to Toronto

Jan 30 5pm – Air Canada – Toronto to Maritime airports

Where- staying at Gasthof Schermer in Skirast near Kirchberg/Kitzbuhel

Gasthof Schermer has 45 rooms with pool,saunas,whirlpool,suntanning,etc

Large restaurant and adjacent bar

Rates in 2009 where 60 Euro/person double room and 64 Euro single room

Rates include room,breakfast and dinner

View Gasthof Schermer at <http://www.skirast.at>

Ski Area- Kitzbuheler Alpen ski area consists of 7 major ski areas

357 gondolas and lifts

1,081 km of trails

762 km of trails with snow making

256 on mountain restaurants

13 day pass is 338 Euros

Ski pass provides free access to local buses

View ski area at www.allstarcad.at

Other Activities

Jan 22,23,24 is GS,Downhill,Slalom Kitzbuhel World Cup Races

Bus trip to Swarovski glass museum and Innsbruck

Sleigh ride to adjacent community

Shopping in Kitzbuhel, Kirchberg, St Johann

Other Items

Cost of travel, accommodations, ski pass, meals, beer, misc is approx

\$2,000/person/week

Must have solid commitment by June 15,2009

Book flight by August 31.2009

Cancellation due to personal reasons/no snow/ etc. results in no room cancellation charges but each person must look after flight cancellations.

For additional details or to book space contact:

Ralph Smith

Tel 1-506-451-0005

Fax 1-506-451-2211

KELL ANTOFT FUN DAYS

MT. FARLAGNE – Jan. 27 & 28

John Murley

SASC membership at Mt. Farlagne is in its infancy, nonetheless four Nova Scotia members and two New Brunswick members ventured to Edmundston and were given a warm welcome by hill manager Bruno Cyr and Lloyd Gagnon, our resident SASC designated instructor.

Crabbe Mountain – Jan. 29

Don Buck

After a big overnight storm 43 brave members made it to Crabbe Mountain. We had lunch together with a welcome from Stefan Billings, Crabbe's Marketing & Promotion Manager, who introduced Jason Crawford, General Manager.

Poley Mountain – Jan. 30

Bob Gallant

The weather cooperated and we had a great day with 133 guests. Visitors were given a tour by various local members of the hill. The additional runs accessed by the new Alpine chair lift have created a super and exciting hill which everyone enjoyed immensely.

Ski Martock – Feb. 4

John Pierce

After a blizzard the night before, 56 brave skiers made their way to Martock. A special thank you to those who contributed food, prizes, lessons and coordinated the event – especially Irene, Lee and Lynda. A number of members took advantage of Joanna Redden's ski lesson. After a wonderful pot luck lunch, Andy MacLean, operations manager at Martock, gave the group a briefing on the changes and upgrades that will take place by the opening of the 2009/2010 season in preparation for the Canada Winter

Games. Congratulations to Jim and Heather Boylan for a well run hill.

Ski Wentworth – Feb. 19

Lorraine Haley

Another Kell Antoft Day - Another Snowstorm! Lunch was advanced to 12:30 due to the oncoming storm. Irene Ferguson and Dave Wilson gave us a warm welcome. Our ski instructor, Jim Martin, reminded us of lesson times and invited us to join him for extra time and instruction if desired (any time he is free). Leslie discussed exciting plans for upgrades for the 2011 Winter Games Alpine Skiing and Freestyle. Improvements include: doubling snowmaking capacity; new beginner trail next to Sissy; new aerials and mogul venues; upgrades to half pipe; changes to Sissy-Rosebowl for giant slalom and slalom.

There were several draws for prizes:

Bags of goodies went to Al Harries, Daryl Cunningham, Dave Matthews and Peter Bell. Free ski waxing donated by Hub Cycle, Truro, to Bobby Matheson and goggles donated by Cleve's Sport Shop went to Patsy Matheson

Ski Ben Eoin

Rene Samson

Approximately 40 members from a variety of hills, took advantage of the beautifully groomed slopes. We were all treated to some ski instruction offered as usual by Vern and Jim. Evelyn Elworthy who served with distinction on the SASC Board of Directors for 10 years joined us for the festivities and handled the registration. Irene Ferguson, President of SASC Board of Directors, attended and gave us a pep talk. The group was treated to a buffet style lunch provided by members from Ski Ben Eoin. Many thanks to all, especially to Margie and the kitchen staff.

SASC SPRING GOLF DAY 2009

GRANITE SPRINGS GOLF CLUB
4441 PROSPECT ROAD--BAYSIDE NS
HIGHWAY NO. 333

DATE: MAY 27, 2009 (WEDNESDAY)

TIME: 10 AM TEE OFF TIME 11 AM (Not Shotgun)

PRICE: Golf Pkg. 18 Holes—Green Fee/Cart includes G.P.S./
Dinner—Gratuity & HST included---\$ 85.00

Golf Pkg. 9 Holes---Green Fee/Cart includes G.P.S./
Dinner---Gratuity & HST included---\$65.00

Meal only option---Gratuity & HST included---\$ 22.00

Dinner:

- BBQ Chicken Buffet (marinated breast of chicken with fresh baked Kaiser)
- Salads (Tossed Green, Cold Pasta)
- Condiments
- Lemon Meringue Pie Dessert
- Tea & Coffee

FOR INQUIRIES: SHELIAH CONNOLLY 902 443 2789
 (sheliahconnolly@ns.sympatico.ca)
 LEO BLACKBURN 902 865 9286
 (leoblackburn@eastlink.ca)

CHEQUES SHOULD BE MADE PAYABLE TO: SKI ATLANTIC SENIORS' CLUB
SEND REGISTRATION FORMS & CHEQUES BY MAY 15 2009 TO:

LEO BLACKBURN
30 CAVENDISH DRIVE
LOWER SACKVILLE N.S. B4C 3K1

.....

<p>FALL GOLF TOURNAMENT – Watch for a message in June with details of the September Golf Tournament.</p>

**SASC GOLF REGISTRATION FORM
GRANITE SPRINGS, MAY 27, 2009
(PLEASE PRINT-- THANK YOU)**

NAME (S).....

TEL/EMAIL.....

ADDRESS.....

18 HOLES GOLF Pkg. ----- \$ 85.00

9 HOLES GOLF Pkg. ----- \$ 65.00

MEAL ONLY ----- \$ 22.00

Golf Level: Handicap.....**Score**.....**Never Played**.....**Other**.....

.....

Directions For Granite Springs Golf Course

Wherever your house may be:

- Get on highway 102 going to Halifax**
- When you are near Halifax take exit 1A/1**
- (You will see a small sign saying "Exhibition Park")**
- There are two more exits on this road---Take the second exit**
- And go to the second set of traffic lights and make a right hand turn**
- You are now on the Prospect Road-Highway—333---20km from golf club**
- Go to Bayside—No. 4441---Right hand side of highway**

NOTICE OF SASC AGM/END OF SEASON GATHERING

The Annual General Meeting/ End of Season Gathering
of the Ski Atlantic Seniors' Club will be held on

Thursday, June 11 , 2009 at 4:00 pm. at the Debert Hospitality Centre
180 Ventura Drive
Debert, N. S.

4:00 Social Hour (with complimentary wine, beer and snacks)

5: 00 Annual Reports

6:00 Buffet Supper

The cost of the supper will be \$20.00 per person.

A Nominating Committee has been formed. However, nominations can be made from the floor or you could contact Richard Potter (902) 835-8868.

To facilitate catering, registrations and cheques must be received no later than May 30
Cheques should be made payable to Ski Atlantic Seniors' Club and sent to:

Kate MacDonald Tel: (902) 455-8868
3914 Novalea Drive or
Halifax, N.S., B3K 3G7 (902) 687-2011

Directions to the Debert Hospitality Centre: Take Exit 13 (approximately 10 km west of the Truro exit) off Highway 104. As you come off the highway, you will notice a Tim Horton's on your right. Continue on 4 km and on your left you will see the sign for the Debert Hospitality Centre. Enter and proceed another .7 km to the centre.

.....
NAME(S).....

Attending Social/AGM Yes.....No.....

Supper \$20 Yes.....

Cheque in the amount of \$.....enclosed

New Member: Yes _____ No _____

Ski Atlantic Seniors' Club

2009 – 2010 Membership Application

NAME _____ PHONE _____

ADDRESS _____

_____ PROV. _____ POSTAL CODE _____

E-Mail Address _____ Club Newsletter by e-mail? _____

- I hereby apply for a Membership Card (Social), which entitles me to attend Club events such as Kell Antoft Days, Golf Days, Annual General Meeting and Ski Trips. Enclosed is the annual membership fee of \$ 15.00. **(No age restriction)**
- I hereby apply for a Membership Card (Skiing) entitling me to ski at participating ski areas in Nova Scotia and New Brunswick during the 2009/2010 season. Enclosed is \$ 185.00 for membership and skiing.

I enclose a recent photo (about 30 x 45 mm) (i.e. Driver's License / Passport size)

- For the skiing membership, I certify;
That I am 65 years of age or over;

OR

- That I am retired from full-time employment and that I am 55 years of age or over.

New members will receive a nametag. I am a new member Yes _____ No _____

I hereby agree to abide by the Constitution and By-laws of Ski Atlantic Seniors' Club and by signing below I have indicated that I have read and agree to Section 10 relating to the exclusion of liability (see the reverse side or below).

Date..... Signed:.....

Mail application, payment and photo to:

**SKI ATLANTIC SENIORS' CLUB
P.O. BOX 3076
TANTALLON, NS B3Z 4G9**

For registration questions:
Mary Drake (902) 826-9199
For information on Club activities:
Phone John Murley (902) 477-3217
Bob Webb in Truro (902) 897-4679

Exclusion of Liability

10(1) - Skiing is a challenging, dangerous sport. Members are responsible and assume all risk for their own personal preparedness and safety when participating in Club programs and events. Members agree to release, indemnify and hold harmless the Club for any personal injury, death and economic or non-economic losses resulting from: (a)-the inherent risks, dangers and hazards of Alpine skiing, cross country skiing or snowboarding; (b)-the use of ski lifts; (c)- the collision with natural or man made objects, with skiers, snowboarders or other persons; and (d)-skiing and travel within or beyond the ski area boundaries

10(2) - Members waive all claims against the Officers, Directors or other Members their successors or assigns with respect the risks, economic and non-economic losses outlined in 10(1).

10(3) - Members are responsible for their own travel, health and accident insurance.

10(4) - Members shall abide by the Alpine Responsibility Code (Appendix 13) and the Cross Country Responsibility Code (Appendix 15) as well as the rules and conditions established at Participating Hills and other hills.

10(5) – No Member in his or her individual capacity is responsible for any debt or financial liability beyond the amount of any subscription, annual dues or special even fees payable to the Club

10(6) - Members may make comments, suggestions or other representations related to safety and liability through any Director or Officer.